

## Take the Chance – Find your Coach

"Coaching is unlocking a person's potential to maximise their own performance. It is helping them to learn rather than teaching them." John Whitmore, in Coaching for Performance

## FEBRUARY 15, 2021 - ZOOM INFORMATION EVENT

The following research associations are going to offer individual coaching for female junior researchers (doctoral researchers and postdocs) in 2021:

Cluster of Excellence Precision Medicine in Chronic Inflammation (PMI) RTG 1743 Genes, Environment and Inflammation RTG 2501 Translational Evolutionary Research RU 5042 miTarget, The Microbiome as a Therapeutic Target in Chronic Inflammatory Inflammation IRTG 1911 Immune Regulation of Inflammation in Allergy and Infection IRTG within the CRC 877 Proteases and Pathophysiology EvoLung Leibniz ScienceCampus for Evolutionary Medicine of the Lung

This webinar offers the possibility to get an impression of different coaches, their personality as well as their expertise and is meant to support the young scientists with regard to their scientific work and career.

## **SCHEDULE:**

- 09:00 09:10 h Welcome and Introduction to Individual Coaching (Dr. Ruth Kamm)
- 09:10-10:00 h Presentation of Coaches
  - Dr. Sabine Blackmore, Blackmore Coaching
  - Dr. Monika Clausen, Clausen Netzwerkpartner
  - Helga Hänsler, freiberufliche Trainerin und Coach
  - Dr. Dieta Kuchenbrandt, Schainundkuchenbrandt
  - Thomas Kunz, <u>Metanoia</u>
  - Antje Rach, Worte & Wandel
  - Heiko Zieroth, <u>Heiko Zieroth</u>

10:00 – 10:30 h Breakout Sessions with all Coaches for Informal Exchange

The link to ZOOM-Webinar will be available <u>here</u> as of February 08, 2021 for your registration.